

### Opening Hours

Monday – Thursday 9.00am – 6.00pm

Friday 9.00am – 8.00pm

Saturday 9.00am – 6.00pm

Sunday Closed

### Gift Cards Available

24 hours cancellation notice is greatly appreciated to effectively accommodate all our customers. Spa bookings will only be accepted on receipt of credit card details. If less than 24 hours notice is given for cancellation of day spa bookings the full cost of the treatments will be levied to your credit card.

### Where to find us...

#### Beauty Salons

Douglas Court Shopping Centre, Douglas, Cork Tel: 021 489 7777

Blackpool Shopping Centre, Blackpool, Cork Tel: 021 421 2400

Court Street, Enniscorthy, Co. Wexford Tel: 053 923 3135

#### Beauty Salons & Spas

Fairgreen Shopping Centre, Carlow Tel: 059 918 2082

4/7 Redmond Square, Wexford Tel: 053 9122422



Broad Street, Waterford Tel: 051 860066

Email: [beauty@smcc.ie](mailto:beauty@smcc.ie)

[www.sammccauley.com](http://www.sammccauley.com)



Sam McCauley Beauty Salon & Spa  
Broad Street, Waterford



*Multiple Winners of Guinot Crown Salon Awards*

*Welcome...*



*Prepare to be pampered*

## *Guinot Facial Treatments*

### **HYDRADERMIE TREATMENTS**

The Hydradermie facial is the most advanced salon treatment for maintaining a balanced healthy complexion. It deep cleanses, oxygenates and regenerates the skin. Regular Hydradermie treatments offer immediate and lasting results. They improve hydration in dry skin, reduce sebum levels in oily skin and reduce average wrinkle depth in lined skin. The facial uses the Hydradermie machine, manual massage and bespoke plant-based extracts to restore the skin's natural beauty.

#### **Hydradermie**

*A superior facial with an international reputation.*

A monthly deep cleansing, regenerating Hydradermie facial will keep your skin in optimum condition. The therapist will customise the treatment to suit your skin type; de-hydrated, dry, mature, oily, sensitive or pigmented.

€54.95 • Course of 6 €269.95

#### **Hydradermie Plus**

*A deluxe facial treatment.* A Hydradermie facial with added firming and toning serums to revitalise the skin. This treatment focuses on the eye area, face, neck and décolleté and includes a pressure point eye massage and a luxurious Serenity Massage with relaxing essential oils.

€74.50 • Course of 6 €379.95

### **HYDRADERMIE LIFT TREATMENTS**

This specialised anti-ageing treatment gives immediate and long lasting visible results that improve the skin's appearance. Designed for skin that shows a loss of elasticity, it treats both the skin and delicate facial muscles for an immediate "lift" and overall boost in radiance. Hydradermie Lift uses lymph drainage and a mild galvanic stimulation to eliminate toxins, improve skin tone and work on the underlying muscle structure to "lift" and firm the eye area, face and neck. These treatments are suitable for all skin types.

#### **Hydradermie Lift**

This fabulous facial includes lymph draining, facial muscle stimulation, facial massage and mask application.

€59.95 • Course of 6 €299.95

#### **Hydradermie Lift Express**

*High-tech lifting treatment.* This "work out" for the face and neck creates a lifting effect in just half an hour by toning the complexion, smoothing wrinkles and lifting the facial contours.

€45 • Course of 6 €229.95

Continued

### Hydradermie Lift Deluxe

The ultimate anti-ageing facial combining the Hydradermie Plus with the Hydradermie Lift Express.

€95 • Course of 4 €324.95

### Hydradermie Eye Lift

Specifically targets the area around the eyes to reduce signs of ageing, fatigue and puffiness. It re-hydrates and regenerates, as well as “lifting” the eyelids and smoothing fine lines, to restore a relaxed rejuvenated look to the whole eye area.

€38.50 • Course of 3 €104

### HOLISTIC FACIAL TREATMENTS

The hands-on touch for the ultimate in client comfort and care.

#### Essential Facial

*The express facial.* The ideal introduction to Guinot treatments – this facial includes gentle cleansing, toning and exfoliation with a combination of rose water, almond and fruit extracts, followed by a fragrant lavender and menthol-based mask to leave your skin smooth and luminous.

€44.95 • Course of 3 €114.95

#### Aromatic Facial

*A relaxing aromatherapy facial.* Relax and unwind with a tension-reducing massage and a customised combination of plant extracts and essential oils to suit your skin's needs. This utterly relaxing aromatherapy facial balances the skin, softens fine lines, restores radiance, lifts your senses and instils an

overall feeling of well-being.

€49.95 • Course of 2 €84.95

#### Beauté Neuve Facial

*Instant radiance.* Fruit-infused Beauté Neuve is a gentle double-peeling facial that uses the powerful natural exfoliating properties of AHAs, combined with pure vitamin C and anti-ageing ingredients to boost radiance, reduce pigmentation, re-hydrate and regenerate the skin.

€54.95 • Course of 3 €144.95

#### Liftosome Facial

*Energising, anti-ageing facial.* This facial has been specifically developed to treat the problems associated with mature skin. Based on the use of orange extract, ginseng and collagen, this stimulating thermal facial regenerates and energises leaving the skin firm and radiant.

€54.95 • Course of 2 €94.50

#### MEDICAL MICRODERMABRASION

Derma Genesis medical microdermabrasion is a safe, non-surgical resurfacing procedure. During this simple, painless treatment the dead outermost surface of the skin is removed using a highly controlled flow of fine, medical grade crystals. It helps your skin to look younger, healthy, glowing and for some people, close to perfect.

Facial	€99	• Course of 6 €550
Bust	€50	• Course of 6 €275
Chest	€75	• Course of 6 €405
Back	€110	• Course of 6 €595
Hands	€45	• Course of 6 €240

## Body Treats

# Body Treatments

## GUINOT

### Hydradermie Back Treatment

Ideal deep cleansing treatment for clearing blocked pores and improving skin texture. This special back treatment purifies and re-hydrates the skin.

€54.50 • Course of 5 €229.95

### Aromatic Body Douceur

An invigorating body scrub with a relaxing massage, this treatment tones and re-hydrates the skin, leaving a natural radiance. Pure relaxation to leave the skin soft and smooth and the body de-stressed.

€54.50

### Full Body Polish

A revitalising full body exfoliation to leave your skin feeling beautifully soft and smooth.

€38.95 • Course of 4 €129.95

### Aromatic Body Minceur

Holistic slimming body treatment optimised by a sauna-effect body mask to combat cellulite. Using essential oils and a sauna mask to challenge the body, encouraging fat elimination, stimulates circulation, firms skin and improves body contours. This treatment refines the skin texture and leaves the skin incredibly silky soft.

€74.50 • Course of 3 €189.95

## THALGO

Thalgo has been the undisputed leader of this specialized field. The Thalgo treatment range, developed by a team of scientists, is rich in marine active ingredients and selected for their effectiveness, efficiency and their compatibility with the skin. The riches of the sea: oligo-elements, proteins, amino acids and vitamins are captured within the Thalgo Philosophy. They are vital to your health and to ensure a soft, supple, healthy and revitalized skin. Immerse yourself in the world of Marine Beauty – and discover the Thalgo difference!

### Micronised Marine Algae Wrap

This luxurious body treatment using 100% natural micronised marine Algae to envelop the entire body. It refines, firms and detoxifies leaving the skin feeling softer and smoother, excellent for weight-loss programmes.

€75.00

### Toning Body Wrap – Slim & Sculpt

The toning body wrap offers all the benefits of micronised Marine Algae, it reduces cellulite, re-mineralises intoxicated skin and helps to firm slack skin tissue.

€70.00

### Thalgomince LC24 Body Wrap

This treatment assists in the improvement of micro-circulation & reduces fluid retention. The treatment itself consists of a slimming exfoliation, a draining and toning massage, wrap and application of Thalgomince body cream.

€75.00

# Specialised Body Treatments

## Universal Contour Wrap

A marvellous treatment to tighten and tone the skin resulting in inch loss which can last up to 30 days. A course of wraps is recommended, taken 7 to 10 days apart.

€64.95 • Course of 3 €159.95

## Balneotherapy Bath

Over 260 jets of water provide a revitalising massage allowing relaxation of the muscles, aiding skin tone while stimulating lymphatic drainage and circulation.

€25 20 minutes • Course of 3 €65

# Massage & Holistic Treatments

## Hot Stone Massage

The use of stones for healing purposes dates back thousands of years. Through the use of strategically placed heated basalt stones, plus essential oils, our therapist will perform an invigorating massage, giving you the ultimate benefit of a deep and penetrating state of relaxation and well being. This massage alleviates stress and activates energy flow.

Full Body €75 • Course of 4 €249.95

Back €47.50 • Course of 4 €164.95

## Pregnancy Massage

A relaxing treatment which involves applying pressure to the muscles in the body leaving you feeling totally relaxed and de-stressed

€49.95 • Course of 5 €199.95

## Guinot Pregnancy Pampering

A mini facial and a full body exfoliation with lots of luxurious massage. Sure to soothe and revitalise expectant mums.

€74.50 • Course of 5 €304.95

## Swedish Massage

This is an extremely relaxing and invigorating treatment which also promotes good health and well being.

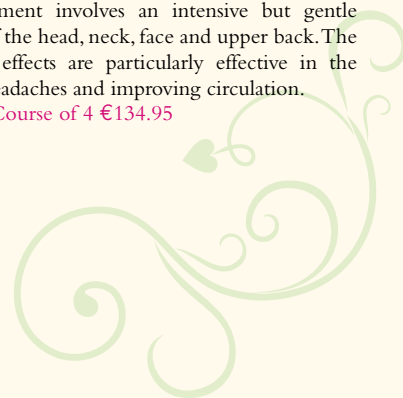
Full Body €54.95 • Course of 4 €189.95

Back €34.95 • Course of 4 €119.95

## Indian Head Massage

This treatment involves an intensive but gentle massage of the head, neck, face and upper back. The beneficial effects are particularly effective in the relief of headaches and improving circulation.

€39.95 • Course of 4 €134.95



# Hair Removal

## Waxing Treatments

Patch test is essential 24 hours in advance

Eyebrow	€8.95
Lip Wax	€8.95
Chin Wax	€8.95
Lip & Chin Wax	€16.50
Under Arm	€12.50
Arm Wax	€19.50
Bikini Line from	€13.95
Half Leg	€19.95
Half Leg & Bikini from	€27.95
Full Leg	€29.95
Full Leg & Bikini from	€36.95
Californian Advanced (High Cut)	€25.00
Californian Advanced & Full Leg	€45.00
Brazilian Advanced (Landing Strip)	€45.00
Brazilian Advanced & Full Leg	€65.00
Hollywood Advanced (Total)	€60.00
Hollywood Advanced & Full Leg	€80.00

## Male Waxing Treatments

Eyebrow	€8.95
Chest from	€19.95
½ back	€19.95
Full back	€25.95

## Threading

Threading is an Indian art of hair removal. It is the most effective way for eyebrow and facial hair removal. It allows for a more painless, precise, chemical free, and lasting hair removal experience.

Threading involves knotting and twisting a fine cotton anti-bacterial thread around the hair to essentially pluck it from the pore.

Eyebrow Shaping	€12.00
Upper Lip	€12.00
Side of Face from	€12.95
Chin	€13.95

# Permanent Hair Reduction

## ELLIPSE

Put an end to slow, messy and painful methods of hair removal. Ellipse treatment is safe, gentle and practically painless. The process uses pulse light which is absorbed by the pigment in the individual hairs. The pigment in turn converts the light to heat which disables the ability of the hair follicle to grow hair. Patch test is essential 48 hours in advance.

Consultation charge refundable against 1st treatment	€20.00		
Lip	€49.95	Course of 6	€269.95
Chin	€59.95	Course of 6	€324.95
Lip & Chin	€99.95	Course of 6	€539.95
Face	€114.95	Course of 6	€619.95
Under Arm	€114.95	Course of 6	€619.95
Bikini from	€114.95	Course of 6	€619.95
Arm	€149.95	Course of 6	€809.95
Chest	€179.95	Course of 6	€969.95
Back	€179.95	Course of 6	€969.95
Half Leg	€199.95	Course of 6	€1,079.95
¾ Leg	€259.95	Course of 6	€1,399.95
Full Leg	€349.95	Course of 6	€1,889.95
Add on 5 minutes to other area	€20.00		

## APILUS (Electrolysis)

This process uses an electric current applied to each hair follicle with a fine needle shaped electrode to destroy the hair root. Apilus is more efficient, faster and more comfortable than other electrolysis techniques.

5 minutes	€12.95		
10 minutes	€18.95		
15 minutes	€23.95	Course of 5	€99.95
20 minutes	€29.95	Course of 5	€129.95
30 minutes	€36.95	Course of 5	€155.95



# Eye Treatments

Patch test is essential 24 hours in advance.

Eyebrow Tint	€8.50
Eyebrow Shape	€8.95
Eyelash Tint	€12.50
Eyebrow Tint & Shape	€15.00
Eyelash & Eyebrow Tint	€18.95
Lash Tint, Brow Tint & Shape	€23.50

# Tanning

A patch test is essential 24 hours in advance. For best results exfoliate the skin and shave or wax 48 hours prior to the treatment. Do not use oils, deodorants or moisturisers on the day of the tanning and remember to wear loose clothing and footwear.

<b>Guinot</b>	
Auto Bronzant ½ Body	€22.50
Auto Bronzant Full Body	€39.50

<b>St. Tropez</b>	
Airport Tan Full Body	€29.00
Airport Tan ½ Body	€19.95

<b>Instant Tan</b>	
Full Body	€32.00
½ Body	€18.50

# Nail Clinic

## Manicures

False Nail Application	€10.00
Nail Shape & Polish	€15.00
Nail Shape & French Polish	€16.95
Nail Shape, Polish & Cuticle Treatment	€19.50
Minx Nails	€25.00
Shellac semi permanent Polish	€30.00
Shellac Soak Off	€8.50
Creative Nails Manicure	€28.50
French Manicure	€29.95
Luxury Paraffin Wax Manicure	€31.50
Manicure with Shellac Nails	€49.95
Manicure with Minx Nails	€45.95
Manicure & Pedicure	€64.95
French Manicure & French Pedicure	€67.95

## Pedicures

Please remember to bring open toe shoes.

Nail Shape & Polish	€16.50
Nail Shape & French Polish	€17.95
Shellac semi permanent Polish	€30.00
Shellac Soak Off	€8.50
Creative Nails Pedicure	€38.50
Creative Nails French Pedicure	€39.95
Luxury Paraffin Wax Pedicure	€42.50
Pedicure with Shellac Nails	€59.95
Pedicure with Minx Nails	€55.95

## Nail Extensions Full Set

Gel Nails Hands – Natural	€55.00
Gel Nails Hands – French	€60.00

## Nail Extensions Refills

Natural Refills	€29.50
French Refills	€32.50
Refills – Single Nail	€8.50

# Make Up

Cleanse and Make-Up	€26.50
Application of Individual False Eyelashes from	€12.95
Application of Strip False Eyelashes	€10.00
Make-Up Lesson	€42.95
Bridal Make Up Trial	€26.50
Bridal Make Up	€26.50
Bridesmaid's Make Up Package – 3 Make-Ups for the price of 2	€53.00
Ear Piercing from	€15.00



# Special Packages

## Ultimate Day Spa Package €195

Arrive at 9.45am, leave around 4.30pm

- Balneotherapy Bath
- Guinot Hydradermie Facial
- Relaxation Room – *Spend some time relaxing and enjoying your time away from your busy day to day life.*
- Guinot Full Body Polish
- Back, Neck & Shoulder Massage
- Enjoy a Light and Healthy Lunch
- French Manicure and Pedicure
- Relaxation Room

## Beautiful Bride Day Spa Package €165

- Guinot Full Body Polish
- Nail File and French Polish on Hands and Feet
- Relaxation Room – *Spend some time relaxing and enjoying your time away from your busy day to day life.*
- Eyelash Tint / Eyebrow Tint and Shape
- Hot Stone Back Massage
- Guinot Liftosome Facial
- Relaxation Room

## Mum-To-Be Day Spa Package €155

- Guinot Full Body Polish
- French Manicure or Pedicure
- Pregnancy Massage
- Enjoy a Light and Healthy Lunch
- Relaxation Room – *Spend some time relaxing and enjoying your time away from your busy day to day life.*
- Guinot Essential Facial

## Deluxe Pre-Holiday Package €149

- Guinot Full Body Polish
- Essential Eye Treatments  
Eyelash Tint / Eyebrow Tint and Shape
- Essential Wax Treatments  
Full Leg, Bikini and Under Arm Wax
- Shellac semi permanent Polish on Hands and Feet

## Special Occasions €125

- Guinot Liftosome Facial
- Eyelash Tint / Brow Tint and Shape
- French Manicure and Pedicure

*Complimentary Herbal Teas, Coffee and Fruit are available with all packages*

# Special Packages

## “A Treat For You” Spa Package €125

Arrive at 9.45am, leave around 1.30pm

- Balneotherapy Bath
- Guinot Essential Facial
- Relaxation Room – *Spend some time relaxing and enjoying your time away from your busy day to day life.*
- Enjoy a Light and Healthy Lunch
- Back Massage
- French Manicure
- Relaxation Room

## Pre-Holiday Package €100

- Guinot Essential Facial
- Essential Eye Treatments  
Eyelash Tint / Eyebrow Tint and Shape
- Shellac semi permanent Polish on Hands and Feet

## Girls Just Wanna Have Fun €70

*Whether you are planning a girl's night out or just having a get together then this package is perfect for you. Book in for 3 packages and bring a 4th friend for ½ price!!*

- Eyebrow Tint
- Nail Shape and Polish on Hands and Toes
- Cleanse and Make up and False Eyelashes – *get your make up professionally applied and pick up some tips from our highly trained therapists.*

# Beauty Bonus Loyalty Card

Build up points with every visit and claim your FREE Beauty Treatment!!

Receive 10 points for every €1 spent on any beauty treatments in a Sam McCauley Beauty Salon & Spa.

Save your points and treat yourself to one of these luxurious treatments

Treatment	Points
Nail Shape & Polish	1,500
Cleanse and Make Up	2,000
French Manicure	2,300
St. Tropez Full Body Tan	2,500
Pedicure	3,000
Guinot Essential Facial	3,600
Hot Stone Back Massage	3,800
Guinot Hydradermie Lift Facial	4,000

Terms & Conditions apply

